



BP employee assistance program

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Learn about support resources available to you. For immediate EAP assistance, call 1-800-409-3687. This service is available 24 hours a day; seven days a week.

The bp Employee Assistance Program (EAP) — also known as bp Care, your Employee Assistance and Work Life Program — is designed to help you manage issues that may have a negative effect on your work or personal life.

While you may be able to address most of your issues without help, there may be times when a problem persists. In these cases, the EAP's Work-Life Consultants and referrals for care can help you and members of your household lead healthier and more productive lives. The program is completely voluntary and confidential.

See How the Employee Assistance Program (EAP) works for details on your EAP benefits.

Note: Certain bp sites have access to additional EAP resources not described here. Contact bp Care at 1-800-409-3687 to see if there are additional EAP resources available to you.

bp reserves the right to amend or terminate a plan at any time without advance notice.

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